

Penne Pasta -chicken, tomatoes Parmesan and low-fat dressing

Penne Pasta-chicken, tomatoes, Parmesan, sun-dried tomato dressing

Cheese Tortellini-tomatoes, zucchini, grated carrots, pesto dressing

Orange Cashew Chicken-romaine, celery, red bell peppers, mandarin oranges-orange dressing

Asian Chicken-linguine, tomatoes, green onions, peanuts, teriyaki-herb dressing

Chicken Caesar-Romaine, seasoned croutons, Parmesan, Caesar dressing

Greek Salad-tomatoes, cucumber, Greek olives, Feta Cheese garlic-oregano dressing

Tri-colored Vegetarian Pasta-medley of colorful vegetables, light creamy herb dressing

Oriental Pasta-linguine, chicken, medley of colorful vegetables, sweet soy dressing

Honey-Mustard Chicken-romaine, tomatoes, artichokes, blue cheese, glazed walnuts

Papa's Chicken Cobb-romaine, apples, celery, tomatoes, blue cheese, light herb dressing

BBQ Salmon Caesar-romaine, seasoned croutons, Parmesan, Caesar dressing

Life Choice Spinach-Mixed greens w/raspberry-balsamic dressing (mandarin oranges,apples, tomatoes) with or without chicken